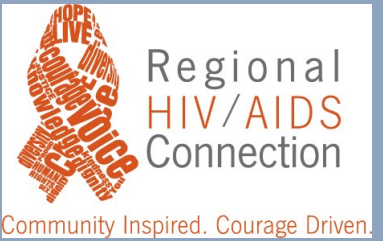


# What's Happening



## PHA client feedback session & Lunch with the E.D and HIV Support Services staff

Friday July 14, 2017

Come and discuss HIV Support Services with the E.D. of RHAC and Client Service staff for more information contact HIV Support Services Team 519-434-1601 [rnewman@hivaidsconnection.ca](mailto:rnewman@hivaidsconnection.ca)

## Country Cupboard

Friday July 14<sup>th</sup>

Tuesday August 15<sup>th</sup>

Friday September 15<sup>th</sup>

## Good bye Miriam

The lovely, caring, compassionate Miriam Rivera is leaving us and moving on to a new and exciting adventure in her career after 12 years at the agency. Miriam started with RHAC as the administrative assistant and in 2009 accepted a position as Case Manager with the HIV Support Services Department. Miriam worked tirelessly advocating for people living with affected by and at risk for HIV/AIDS. We will miss her very much and wish her well in her new venture.



I'm thankful for my struggle because without it I wouldn't have stumbled across my strength.

AUTHOR

## REGIONAL HIV/AIDS CONNECTION

### Annual General meeting

Thursday September 7, 2017

Civic Garden Complex 6-8PM

**ALL WELCOME**

## KNOTTY KNITTERS NEEDED

We are seeking people living with or affected by HIV / AIDS to join our twice monthly knitters club starting this fall at RHAC. We will be knitting scarves for our annual Red Scarf campaign to raise awareness of HIV/AIDS in our community. Coffee snacks and upon completion of this workshop tickets to our annual Red Scarf Gala ... no knitting experience necessary we'll teach you how to knit or crochet ... all wool and knitting needles supplied all we need is YOU!!!

## PHA, Family and Friends Picnic

Thursday August 10, 2017

12:00 p.m. - 4:00 p.m.

Games and Prizes - fun for everyone

Refreshments BBQ and salads

For more information or to attend please contact HIV Support Services 519-434-1601 / 1-866-920-1601 ext:253

**RSVP is required**

## LUNCH & LEARNS

What's important to you and what would you like to learn more about. RHAC provides interesting, informative and educational lunch & learns and want your input to ensure we are bringing you the information / education you want. Please let us know what you want to see.



## HIV Client Services Team:

Director of HIV Support Services Kelly Wright ext 237

Case Manager Carin Fraser ext. 228

Peer Support Worker Rob Newman ext. 253



# SPEAK OUT

A Newsletter For and By PLWHA



## The human family

I note the obvious differences  
in the human family.  
Some of us are serious,  
some thrive on comedy.

Some declare their lives are lived  
as true profundity,  
and others claim they really live  
the real reality.

The variety of our skin tones  
can confuse, bemuse, delight,  
brown and pink and beige and purple,  
tan and blue and white.

I've sailed upon the seven seas  
and stopped in every land,  
I've seen the wonders of the world  
not yet one common man.

I know ten thousand women  
called Jane and Mary Jane,  
but I've not seen any two  
who really were the same.

Mirror twins are different  
although their features jibe,  
and lovers think quite different thoughts  
while lying side by side.

We love and lose in China,  
we weep on England's moors,  
and laugh and moan in Guinea,  
and thrive on Spanish shores.

We seek success in Finland,  
are born and die in Maine.  
In minor ways we differ,  
in major we're the same.

I note the obvious differences  
between each sort and type,  
but we are more alike, my friends,  
than we are unalike.

We are more alike, my friends,  
than we are unalike.

We are more alike, my friends,  
than we are unalike.

*Maya Angelou*

Happy  
Pride  
from the  
staff &  
volunteers  
at  
RHAC

